



Dave Randall

### **Patient Information Part 1**

Dave Randall is a 41 year old gentleman enrolled in your cardiac rehabilitation program. He began exercise in the program 6 weeks ago and responded very well to exercise in the first 5 weeks of the program.

### **Patient Data**

Anterior STEMI

Angiogram: 20% proximal LAD, 90% mid LAD, 40% distal RCA occlusions

Intervention: Balloon angioplasty and bare metal stent to mid LAD

### **Exercise Test results**

Functional capacity = 7.7METs

Max HR = 123 bpm

Max BP = 144/82

Reason for termination: General fatigue

EKG: no diagnostic ST-T change, no dysrhythmias

Prescribed target heart rate: 100-105bpm

### **Medications**

Metoprolol 25mg po BID

Lisinopril 10mg po BID

Lipitor 40mg po daily

EC ASA 81mg po daily

Clopidogrel 75 mg po daily

### **Patient information Part 2**

During the last two exercise sessions Dave has reported 5/10 chest pain and associated shortness of breath while exercising in his target heart rate. During each episode of chest pain you had Dave rest and his symptoms quickly resolved. You have managed to secure an appointment with Dave's cardiologist in 10 calendar days.